



Dear Parent/Carer,

The Council's Contact Tracing Service (or Public Health Wales) have advised us that there has been a confirmed case of COVID-19 within our school.

Following both Welsh Government and Local Authority guidance, as a precautionary measure, a number of potential close contacts have been asked by the school to self-isolate for a period of 24 hours pending further investigations by contact tracers. Once the Council's Contact Tracing Service has identified confirmed close contacts, they will be required to self-isolate for a 10-day period since the day of last contact with the confirmed case. This period of self-isolation is needed as it can take up to 10 days for the symptoms to develop.

The process of testing and contact tracing is part of the new normal where schools and settings are required to follow the guidelines carefully as part of Welsh Government's Test, Trace, and Protect strategy.

The school remains open for all other pupils. Please can I reassure you we will continue to be vigilant in adhering to all guidelines so that we can keep all children and staff safe. The health and safety of everyone in our school community is of paramount importance and we appreciate your full support during these times.

Please find attached further information in relation to how you can stop COVID-19 transmission and what to do if your child develops symptoms.

We are here to provide support and guidance should you require it.

Yours sincerely,

A handwritten signature in blue ink, appearing to read "Drew".

Headteacher

## **Appendix 1: How to stop COVID-19 transmission**

If someone you live with is at high risk of severe illness from coronavirus, you should be particularly careful in implementing the following public health measures:

- Ensuring every member of your household washes their hands with soap and water regularly for 20s (or use hand gel sanitiser) and has good respiratory hygiene.
- Aim to keep 2 metres away from vulnerable people you live with and encourage them to sleep in another bed.
- Minimise as much as possible the time any vulnerable family members spend in shared spaces such as kitchens, bathrooms and sitting areas, and keep shared spaces well ventilated.
- If you do share a toilet or bathroom with a vulnerable person, it is important that you clean them every time you use them, wiping surfaces you have come into contact with.
- Clean and disinfect household surfaces regularly, especially 'high touch' surfaces.
- Avoid sharing towels with the vulnerable household member.

Please also remember general public health measures to reduce the risk of infection in our community by:

- Staying at home as much as possible.
- Staying safe outside your home, including by maintaining social distancing (at least 2 metres) when near people who are not your household members.
- Wearing cloth face coverings when in crowded public spaces (e.g. public transport and shops) to protect others.
- Regular hand washing with soap and water regularly for 20s (or use hand gel sanitiser) and good respiratory hygiene.

## **Appendix 2: What to do if your child develops symptoms**

Please be aware of possible symptoms of coronavirus during this period. The most common symptoms of coronavirus (COVID-19) are recent onset of:

- fever (greater than 37.8°C);
- new persistent/continuous cough; and/or
- loss or change in sense of taste or smell.

If anyone in your household develops any of these symptoms, however mild, they need to stay at home (10 days for the person with symptoms and 14 days for the rest of the household) and must follow the guidance; <https://gov.wales/self-isolation-stay-home-guidance-households-possible-coronavirus>.